Age-Friendly Sullivan Livable Communities, **Minutes**
Wednesday, September 3, 2025, 9a-10a, at **Sullivan Town Office**

	Topic	Discussion	Action
8:30am	Refreshments / Social	Meeting will begin at 9am; Don Snoke, Kim Brooks, Misty Gleason, Al May, Christina McGowan, Jeanne Edwards, Ray Weintraub,, Kelly Sheehan, Cynthia Perkins, Diana Gazis, Barbara Mitchell, Nadine Murphy, Candy Eaton, Beth Graham	Regrets: Trudy Lunt
9am	Guest Speaker: Al May, CDC Public Health District Liaison	Al May, discussion about district public health districts, 5 tribe district/ woven into geographic districts. Districts responsible for own plan - district councils meet monthly, developing 5 year infrastructure improvement plan. Strategic Planning 2025; Community Health Needs Assessment; Data Sources; Cross Walk of Data Sources; Coordinate planning with all healthcare partners; PHC - Collective Impact Model/Value Added - Hancock County ranked top 5; Washington County ranked 16 of 16 counties; Emergency Operations - response; 3 phases of emergency exercises; Improve home environment & health of older adults; improve chronic disease by promoting primary prevention; potential tele-dental health?; mental health; Maine Mobile Health - mostly working with agriculture communities; Children's Tooth Fairy mobile health van; Mental Health - To connect with the crisis team in Hancock County, Maine, call or text 988 to reach the 988 Suicide & Crisis Lifeline, or chat online at 988lifeline.org for 24/7 confidential support. Northeast Collaborative of State/ CDC (excluding NH); Trust for America, Dementia Friendly Communities - champions; planning for 20-30% increase in cognitive impairment. Discussion of risk factors. 4 courses offered on Health care emergency response - repeat Fall/ Winter.	Handouts: to be posted online Public Health Updates AARP Home Assessment https://www.aarp.org/livable-communities/housing/info-2020/homefit-guide/ Dementia Friendly Communities Age-Friendly & Dementia Friendly Communities

	Current Discussion & Project Updates:	Introduction: Kimberly Brooks, new AFS Coordinator; Kim email: **kimberlybrooks.afs@gmail.com** Year 2: Misty Gleason, Community Connector - discussions about federal cuts to assist individuals accessing supporting programs. Maximus assessments. Applications for heating assistance NOW. Ladies Out Lunching - join us! 9/12/25 Flanders Bay BBQ; Establish Romeos. Next month - Echo Dot program.	
	Financial	No discussion	
	Announcements/ Updates	9/09: EAAA Food Distribution - applications at Town Office 9/16: Birthday Cards - 11:45a Town Office Tues/Thurs: 10:30-11:30 Bone Builders - openings available	
	Community Organization Updates:	**Frenchman's Bay Library** - open Mon & Sat 10-2p; Tues & Thurs 1-5p; Mondays: 10:30 Fiber Arts Club, (social experience); 2nd Tues 2p Book Club - STORY TIME permanent walk installed at playground; donations of books for Sullivan Daze **Sorrento-Sullivan Historical Society** - 100+ attended Vibert program; Blacksmithing outdoor 9/28th Urann House; Apple Cider in October @ Farmstead Barn; want to do more intergenerational programs. **Sullivan-Sorrento Recreation Center** - state funding grant for development of walking trail (in the woods), 3 parts of 1-1/2 miles of trails, approached grant administrator - very excited, in conjunction with other sites - if receive grant/will start construction next spring. Work Party 8:30 - all day maintenance work - Sunday 9/7th volunteers wanted; pizza lunch. **Schoodic National Scenic Byway** - grant submitted on hold.	
	RSU#24 & Ellsworth educational opportunities:	https://rsu24.maineadulted.org/classes/ https://ellsworth.maineadulted.org/	
	Civic Engagement:	9/02: 5pm Select Board meeting 9/16: 5pm Select Board meeting https://sullivanmaine.org/calendar-events/	
	Next meeting (in-person):	10/01: Echo Dot, Smart Home program - demonstrating, sharing features.	