Hancock County / Age-Friendly Sullivan

Individual and Community Resilience

04 JUNE 2025

What is Resilience?

What are the risks here in Downeast Maine?

Natural	Human Caused	Technological
Severe Storms	*(Intent, Negligence, Error)*	*Cyber*
Wildfire	*Political*	*Infrastructure Failure*
Flooding	*Criminal Acts*	*HazMat*
Pandemic	*Terrorism*	*Y2K*
Earthquake		
Drought		
Solar MCE		

"Taking Care of the Community begins with Taking Care of One's Self!"

Personal & Household Preparedness – Having one's house in order…

FEMA's Community Lifelines:

1. ***Safety and Security***: Law Enforcement/Security, Fire Service, Search and Rescue, Government Service, Community Safety
2. ***Food, Hydration, Shelter***: Provision of basic necessities for sustenance and well-being
3. ***Health and Medical***: Medical Care, Public Health, Patient Movement, Medical Supply Chain, Fatality Management
4. ***Energy***: Power and fuel supply for essential services and infrastructure
5. ***Communications***: Telecommunications, Information Technology, and other means of communication
6. ***Transportation***: Road, air, and water transportation systems, including logistics and supply chain *management*
7. ***Hazardous Materials:*** Management of hazardous materials
8. ***Water Systems***: Water treatment and distribution systems

Where do we go? ● When is help arriving? ● What happens next?

Thanks for your interest in preparedness planning for home and community.
For more info, please contact Hancock County EMA, (207) 667-8126, ema@hancockcountymaine.gov

www.ready.gov

As you prepare your plan tailor your plans and supplies to your specific daily living needs and responsibilities. Discuss your needs and responsibilities and how people in the network can assist each other with communication, care of children, business, pets or specific needs like operating medical equipment. Create your own personal network for specific areas where you need assistance. Keep in mind some these factors when developing your plan:

- Different ages of members within your household
- Responsibilities for assisting others
- Locations frequented
- Dietary needs
- Medical needs including prescriptions and equipment
- Disabilities or access and functional needs including devices and equipment
- Languages spoken
- Cultural and religious considerations
- Pets or service animals
- Households with school-aged children

Prescription medications and glasses

Infant formula and diapers

Pet food, water and supplies for your pet

Important family documents such as copies of insurance policies, identification and bank account records

Cash and change

Emergency reference material such as a first aid book or information from www.ready.gov

Sleeping bag or warm blanket for each person.

Complete change of clothing including a long-sleeved shirt, long pants and sturdy shoes.

Fire Extinguisher & First Aid Kit

Matches in a waterproof container

Feminine supplies, personal hygiene items and hand sanitizer

Mess kits, Paper cups, plates and disposable utensils, paper towels, manual can opener

Paper and pencil Books

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Water and non-perishable food for several days

Extra cell phone battery or charger

Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts

Flashlight and extra batteries

Whistle to signal for help

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