Age-Friendly Sullivan Livable Communities, **Minutes**
Wednesday, April 2, 2025, 9a-10a, at **Sullivan Town Office**

	Topic	Discussion	Action
8:30am	Refreshments / Social	Meeting will begin at 9am; Trudy Lunt, Cynthia Perkins, Don Snoke, Misty Gleason, Candy Eaton; Larissa Heanssler, Joy Pottle, Merrill Pottle, Jeanne Edwards, Nadine Murphy	Regrets: Christina McGowan
9am	Guest Speaker: Larissa Heanssler, Community Ambassador EAAA Eastern Area Agency on Aging, 240 State Street, Brewer, ME 04412 www.eaaa.org 207-941-2865 1-800-432-7812	Eastern Area Agency on Aging: (Packets) programs & services provided by EAAA; File folder - summary record; Commodity Supplemental Food Program (CSFP); Furry Friends Food Bank (FFFB); Qualify same for CSFP/FFFB; Medicare 101 (schedule; may have in-person meeting by appointment), appointments when turn 65 or annual Medicare enrollment; Money Minders (over age 60) - volunteer meets with consumer monthly or as needed (current waitlist); Family Caregiver program - support groups, training, respite care, assistive devices; personal health journal; EAAA brochure (all programs) includes Meals on Wheels (over 60/homebound - 5 frozen meals) (current waitlist); Community Cafe's - Brooksville, Durgin Center/Brewer. Durgin Senior Center, Brewer - activities, games, puzzles, tai chi, fees for different programs/donations for cafe meals; open access center in Ellsworth later this year; Veterans Direct Care Program (through VA) for Veterans with Dementia/Alzheimers who want to stay at home (current waitlist); Resources/Referrals as needed; Volunteers Needed in Hancock County - Meals on Wheels HUB at Meadowview Apartments; sign-up; EAAA no longer offers transportation; EAAA covers Washington, Hancock, Penobscot, Piscataquis Counties; Misty: File info shared with her kids - only takes 10 minutes to complete; Misty has additional EAAA info folders FYI. EAAA: 10/1-9/30 fiscal year; funded through current fiscal year.	Add Medicare 101 to calendar! Thursday, May 22nd: Healthy Aging Expo - Anah Shrine, 1404 Broadway, Bangor; 10-2p

	Current Discussion & Project Updates:	Misty - Community Connector - Welcome to Sullivan Tote bags; ROMEOs (retired old men eating out) 9am: 4/22 (Tues) @ Black Sheep; 15% discount; & LOLs (ladies out to lunch) noon 4/29 (Tues) @ Black Sheep - new initiative to connect with each other/ socialize — followed by Tracey's; Flanders Bay BBQ; following up USDA/DCP grants for home improvements; lots of referrals for caregivers/cleaners; heat resources; Earth Day: April 26th - volunteers (roadside clean-up, food preparation, hosting, registration) - Misty recruiting / engaging volunteers; Preparing for SCAM / Phishing presentation next month. Facebook weekly events calendar - posted on Sundays Echo Dot training 4/17; concerns of internet access; no phone call;	4/26 Earth Day Volunteer Sign-up
	Financial	U.Maine donation: print Age-Friendly Resource Guides $500est. Donations (Andy memory): $50 (total $190) 5/3 memorial?	
	Community Organization Updates:	Frenchman's Bay Library - open Mondays & Saturdays 10-2p; Tues & Thurs 1-5p; Mondays: 10:30 knitting; 4/15 2p Book Club Sorrento-Sullivan Historical Society - 4/8 online program History - building of the Sullivan bridge (register online SSHS) Tobey will be presenter; will be having programs in-person this summer. Sullivan-Sorrento Recreation Center - tried to finish renovations by end of March, nearly complete - inside / large hall done; repair work in Thrift Store; built a large stage in large hall; performances during summer & fall (cover charge for band); food for Rec Ctr.	
	RSU#24 & Ellsworth educational opportunities:	https://rsu24.maineadulted.org/classes/ https://ellsworth.maineadulted.org/	
	Civic Engagement:	4/01: 5pm Select Board meeting 4/15: 5pm Select Board meeting https://sullivanmaine.org/calendar-events/ Nomination Papers Available: Return by **April 10, 2025 by 5pm** Town of Sullivan Select Board Member 3 yr term July 2025-June 2028 RSU 24 School Board Member July 2025-June 2028	

	Announcements/Updates	4/08: EAAA Food Distribution - applications at Town Office 4/15: Birthday Cards - 11:45a Town Office Tues/Thurs: 10:30-11:30 Bone Builders - openings available 4/26 Earth Day clean-up 5/23: AARP Shredding event, Bucksport - 9:00 AM - 1:00 PM; Bucksport Area Senior Center, 125 Broadway, Bucksport register in advance: https://events.aarp.org/event/385a6e72-d8d2-48ce-9e6b-d9f481958c69/regProcessStep1?environment=P2&i=jbTJm-jGxUaBhff8cBJByQ&rp=2988a464-3b11-481b-af9e-da9ef6ce248f	
	Next meeting (in-person):	05/07/25: Misty Gleason; Spams & Scams 06/04/25: Jody King, Life Transitions (to be confirmed) 07/02/25: No Meeting — Happy July! 08/06/25: TBD	