

Age-Friendly Sullivan Livable Communities, AGENDA
Wednesday, February 7, 2024, 9a-10a, at Sullivan Town Office

	Topic	Discussion	Action
8:30am	Refreshments / Social	Meeting will begin at 9am; Trudy, Cyndi, Don, Nadine, Jeanne, Candy, Barbara, Diana, Christina, Ray, Dan	Regrets: Andy
9am	Guest Speaker:	Sherry Billings, Executive Director, Habitat for Humanity Rescheduled for later this Spring	
	Current Discussion & Project Updates:	<ul style="list-style-type: none"> * Earth Day - Schoodic Scenic Byway Cleanup & Cookout — co-chairs/date of event/volunteers; Nadine - coordinate supplies; co-plan; Cyndi - SSRC; * Community Garden planning - Valentine's Day organic gardening; volunteers * Fremont Corner group home; do more for residents; puzzles, word searches, books?, singing groups, * FBL partnership: Music Therapy * Music in the Park (noon): Weds 7/10,7/17,7/24; 8/7,8/14,8/21 - priority local musicians 	
	Financial	CHEF grant possibility? \$2k-\$10k discussion Municipal budget request: \$5000, same as current year. Community Challenge Grant: partner with Fire & Rescue	Grant DUE 2/16 Grant DUE 3/06
	Community Organization Updates:	<p>Frenchman's Bay Library</p> <p>Soup'r Chili amazing successful, atmosphere</p> <ul style="list-style-type: none"> • 2/20 2p Book Club - biographies • Cabin Fever Book, Bake, Silent Auction - date TBA <p>Sorrento-Sullivan Historical Society</p> <ul style="list-style-type: none"> • 2/13 History Hour ZOOM 7pm - register online (website/FB) Sam Younger, Sorrento presentation <p>Sullivan-Sorrento Recreation Center</p> <ul style="list-style-type: none"> • 2/14 4:30-6:30p Love & Lasagna - FREE (Donations) • Community Room schedule in Town Crier • 2/27 Faith Lane, author - 1-3pm • Streetlights installed in parking lot 	See below for additional educational programs

RSU#24 opportunities:	https://rsu24.maineadulted.org/classes/ 2/14 Organic Gardening 5-7p \$15.	
Civic Engagement:	2/07: 6pm Infrastructure Committee meeting 2/08: 5pm Planning Board meeting 2/12 & 2/26: 5pm Sullivan Select Board meeting 2/21: 6pm: Comp Plan meeting - 2 civic meetings 3/3 afternoon (1pm in-person only); 3/5 evening - in person, ZOOM 3/07: 5pm Parks & Recreation Committee meeting Don is attending RSU24 Budget meetings: 2/13, 2/27, 3/12, 3/26, 4/9 Tuesdays at 6:30pm District Service Building: rsu24.org on behalf of the Budget Committee	Ray discussed and showed the Boston Post Cane - presentation / discussion at 2/12 Selectman's meeting
Announcements/Updates	2/06: EAAA Food Distribution - applications at Town Office 2/20: Birthday Cards - 11:45a Town Office Tues/Thurs: 10:30-11:30 Bone Builders - openings available Sand Buckets distributed & refilled	
Next meeting (in-person):	3/6/24: Kathy Baillargeon, Exec.Dir., Hospice Volunteers H.Cty. 4/3/24: Crystal Hitchings, Director Community Promotion, Downeast Maine National Heritage Area SunriseCounty.org/nha/ 5/1/24: ? Gianna Settin, topic TBD ?? Future speakers: Nursing home; Vet's home; Compassionate hearts out of Milbridge; Legal preparation 5 years in advance	

Solo Aging: Cultivating a Creative Framework of Support; Tuesday, February 13, 2024; 2:00-3:30pm; Webinar: Zoom

The term Solo Ager generally refers to an older adult who does not have a traditional family network to provide needed care and support as they age. Because many life planning tools are constructed around this traditional model, Solo Agers need to think creatively when it comes to life planning to ensure that what matters to them is honored as they age. In this webinar, we'll hear from leaders in this process who are offering alternative approaches or tailored services designed to meet the unique needs of Solo Agers.

REGISTER: <https://us02web.zoom.us/meeting/register/tZ0sd--sqjltGt0Ur784TOhwmzmLc24foiOZ#/registration>

SNAP Education and Outreach for Older Adults; Tuesday, February 27, 2024; 2:00-3:30pm; Webinar: Zoom

About 4.8 million older adults are enrolled in SNAP, but this figure represents less than half of the eligible population with around three out of five older people who qualify missing out on benefits, nearly 5 million people in all.* How are we successfully connecting older adults in our states to the food assistance programs available to them? In this webinar we will discuss organizational efforts in outreach and education to older adults around food benefits, including the Supplemental Nutrition Assistance Program.

*Food Research and Action Center, 2019

REGISTER: https://us02web.zoom.us/meeting/register/tZYkcOuupz4tE936UuyridT_Pn_apQxVlw6Z#/registration