

Age-Friendly Sullivan Livable Communities, Minutes
Wednesday, January 3, 2024, 9a-10a, at Sullivan Town Office

	Topic	Discussion	Action
8:30am	Refreshments / Social	Meeting will begin at 9am; Dan, Nadine, Cyndi, Don, Candy, Jeanne, Barbara, Cynthia, Trudy, Michael, Diana, Ray, Beth, Andy, Christina	Regrets: Rob,
9am	<p>Guest Speaker: Dan Rayner, RSU#24 Community Ed</p> <p>Outdoor Spaces is one of the 8 domains of creating an Age-Friendly Livable Community, as they affect the independence and quality of life for residents of all ages, but especially older adults.</p>	<p>Sumner class of 1989; Springfield College//UMO PE major, UMM public recreation / K-8 certification (student teaching at MVS 2000); 2nd grade in our community meeting room; most athletic & prom King; lived on Quarry Rd 16 years; Harbor House - 1st job afterschool coordinator; sports coordinator; worked at Connors-Emerson 2 years, coached 3 sports & homework club; Trenton Elementary (11 yrs) K-2 literacy specialist, middle school math (2 yrs)/ afterschool program (4 yrs) limited \$\$; 67/100 registered for afterschool program; 4H; Hancock Grammar (5 yrs) librarian; lot of self-employment gigs on side - make wreathes, camp wood 4 sale, digging bloodworms; landscaping with brother - 40 customers in Sorrento;</p> <p>Taking health more seriously, 10 years ago quit smoking; English Springer Spaniel - wants exercise, hiking, fishing, active & healthy - find things to do all 4 seasons, aspirations & goals, expand hiking program here at the Center; ?implement pickleball;</p> <p>accommodating for older adults; expand offerings - recreation management background; Spring 2024 - series of 5 hikes; identify birds & plants; signed up for free course - business entrepreneur course KVCC (free); outdoor adventures; road race; UMM highlight of life - internship work - activity coordinator on resort in FL (1995); enrichment - Maine Outdoors Course in Spring 2024; financial literacy course; substitute teacher training - 2ce/year; organic gardening class; approach is different - old vs young; Q&A discussion: class on volunteering, birding; survey end of class;</p>	
	Current Discussion & Project Updates:	<ul style="list-style-type: none"> * Earth Day - Schoodic Scenic Byway Cleanup & Cookout — co-chairs/date of event/volunteers * Community Garden planning 	Co-Chairs & Volunteers needed!

Financial	\$1000 AARP Maine, sponsor “Picnic in the Park with Music” this summer — dates: 7/10, 7/17, 7/24; 8/7, 8/14, 8/21	? Food trucks ?
Community Organization Updates:	<p>Frenchman’s Bay Library - NEW: Judy Ashby, ED, Soup’r Chili 2/4/24 - annual fund-raiser; Tuesday 1/16th 2p Book Club; Sorrento-Sullivan Historical Society - 1/9th 7pm History Hour (Tobey) early history; 1650-1750 Zoom; register online SSSH; 1/18th Board meeting with new members</p> <p>Sullivan-Sorrento Recreation Center - NYE dance - attendees appreciative; Jan - April activities to promote Community Room; marketing; following events 1-3:30p: 1/9 Senior Tea & Scones; 1/11 Beginner crochet; 1/18 Wax Wraps; 1/23 Adult Coloring; 1/25 Beginner knitting; 1/30 Making Linen Spray; 1/20 10a-2p “Winter Sowing”.</p> <p>Sullivan Daze - subcommittee of Parks & Rec; Community-wide event; VFD will continue with grill; brainstorming; car show; boat historical tour of bay from Gordon’s Wharf; add floats to parade; parking concerns; ?shuttle; bands; fireworks; ?extend to Fri night dance? Spread planning out over whole year.</p>	<p>3/07/24 & 3/28/24 Tax Aide at FBL - appts required.</p> <p>SSHS - see events listed</p> <p>SSRC - see events listed</p>
RSU#24 opportunities:	https://rsu24.maineadulted.org/classes/	Paper copy available soon.
Civic Engagement:	<p>1/03: 6pm Infrastructure Committee meeting</p> <p>1/04: 5pm Parks & Recreation Committee meeting</p> <p>1/08 & 1/22: 5pm Sullivan Select Board meeting</p> <p>1/10: 6pm Comprehensive Planning Committee</p> <p>1/11: 5pm Planning Board meeting</p>	
Announcements/Updates	<p>1/09: EAAA Food Distribution - applications at Town Office</p> <p>1/16: Birthday Cards - 11:45a Town Office</p> <p>Tues/Thurs: 10:30-11:30 Bone Builders - openings available</p> <p>Sand Buckets distributed & refilled</p>	
Next meeting (in-person):	<p>2/7/24: Sherry Billings, Exec.Dir., Habitat for Humanity</p> <p>3/6/24: Kathy Baillargeon, Exec.Dir., Hospice Volunteers H.Cty.</p>	