

Age-Friendly Sullivan Livable Communities, **MINUTES** - Wednesday, August 2, 2023, 9a-10a, Sullivan Town Office

	Topic	Discussion	Action
8:30am	Refreshments / Social	Meeting will begin at 9am: Don, Nadine, Candy, Maria, Diana, Cynthia,	Regrets: Jeanne, Christina,
9am	<p>Guest Speakers:</p> <p>Maria M. Staples                      Program Manager                      Foster Grandparent Program                      262 Harlow Street                      PO Box 1162  <a href="mailto:mstaples@penquis.org">mstaples@penquis.org</a>  <a href="http://www.penquis.org">www.penquis.org</a></p>	<p>Maria Staples, Penquis, speaking on their Foster Grandparents program. Penquis Foster Grandparent Program provides tutors/mentors to children. Foster Grandparents serve in public/non-profit locations. They are also a role model and mentor. Volunteers must be 55 or older and meet income guidelines. They receive a tax-free stipend and mileage reimbursement for income eligible (S: \$29,160; 2: \$39,440; 3: \$49,720; 4: \$60,000) that will not affect Social Security, SSI, Rent Subsidies, LiHEAP or any other benefit. Covers 14 counties, part of AmeriCorps Seniors - opportunity to help/tutor kids in schools or non-profit; literacy or social/emotional need; life experience to offer; reinforce values, 5-15-20 hours/week; background checks; training. Builds relationship for older adult with schools, benefits both sides of age-spectrum. Serve children birth to 21.</p> <p>“I have many things in my life for which I am grateful. One of the things for which I am most grateful is the Penquis Foster Grandparent Program”. This program gives me the means to stay active and help children academically, socially, and emotionally.” Grammy Carol, Farwell Elementary School.</p> <p>Volunteers help children in their communities develop academic and life skills critical for future success. On-site program. Site must establish plan. Must have a supervisor.</p>	<p>Schools sign MOU;</p> <p>Current Fund-Raiser - “Tiller &amp; Rye” this month “round-up”</p> <p>Post video on AFS webpage with contact info.</p> <p>Application form:  <a href="https://www.penquis.org/volunteer-opportunities/foster-grandparent-application/">https://www.penquis.org/volunteer-opportunities/foster-grandparent-application/</a></p>

	Current Discussion & Project Updates:	<ul style="list-style-type: none"> <li>* Dementia Inclusion Downeast: <a href="https://www.alz.org/media/Documents/Healthy_Brain_Initiative_Road_Map_2023_2027.pdf">https://www.alz.org/media/Documents/Healthy_Brain_Initiative_Road_Map_2023_2027.pdf</a></li> <li>* 2 large boxes of cards donated, Orrington, ME &amp; South Carolina (previous donors contributed again).</li> <li>* New AFS Logo discussion - larger print (reduce white space more) larger heads on icon, across generations (reinforces AF) specific to AFS, Sullivan ❤️ Cares used on Sand Buckets, food distribution; much larger heart; make-up 2 sets (both tag lines)</li> <li>* Volunteers needed: EAAA food distribution back-up</li> <li>* UNE Food Security Project in September - additional information at Thursday's UNE meeting.</li> </ul>	<p>New Dementia Inclusive cookbook to be added to webpage.</p> <p>Finalize 2 logos</p> <p>Sunday, 9/17 Photo-op, UNE Food Security project - receive 10 cases of 34 pkgs of beans &amp; rice</p>
	Financial	AFS Budget \$5000; AARP grant \$3000 (AED); UNE UMO COA grant \$1500 (Dementia Inclusion partnership with FBLibrary)	
	Community Organization Updates:	<ul style="list-style-type: none"> <li>* Frenchman's Bay Library - no update</li> <li>* Sorrento-Sullivan Historical Society - no update</li> <li>* Sullivan-Sorrento Recreation Center - lull this month, channel efforts toward Sullivan DAZE; work on building; State Fire Marshall inspection - more improvements; higher alarms, auto open exit doors, fire suppression systems — file restraining order (stealing, damage); Norm working with security system;</li> </ul>	
	Civic Engagement:	<p>8/10: Planning Board meeting</p> <p>8/14 &amp; 8/28: 5pm Sullivan Select Board meetings</p>	
	Announcements/Updates	<p>8/05: 8a-11a Community Garden volunteer work day, if available</p> <p>8/05: Sullivan DAZE - all day, parade, games, vendors, cookouts, car show, musicians, fireworks</p> <p>8/08: 7-10a EAAA Monthly Food Distribution</p> <p>8/12&amp;13: Farmstead Barn, 10-4 Mary Laury, Mavis Davis</p> <p>8/17&amp;18: Farmstead Barn, 10-4 Multiple artists</p> <p>8/15: 11:45a Birthday Cards for next month - open to everyone</p> <p>Tues/Thurs: 10-11:30 Bone Builders (has openings) Town Office</p> <p>Tues/Thurs: 9-10 Yoga @ Rec Center</p>	
	Next meeting (in-person):	<p>September 6, 2023: Debra Chalmers, EAAA Medicare Advantage Plans</p> <p>October 4, 2023: Alice Noyes, Friends of Taunton Bay, <b>meeting to be held at Gordon Wharf</b></p>	? Maine's new Medicare Savings Program

