

Age-Friendly Sullivan Livable Communities, **AGENDA** - Wednesday, April 5, 2023, 9a-10a, Sullivan Town Office

	Topic	Discussion	Action
8:30am	Refreshments / Social	Meeting will begin at 9am; Diana, Nadine, Rose, Beth, Ray, Don, Candy; Christina	Regrets: Jeanne, Trudy
9am	Guest Speakers:	<p>Rose Honders, EAAA Community Services Director — delighted to be in the Community; trifold describes programs offered: ADR Aging & Disability Resources by County; Medicare 101 info / counseling, open enrollment in October, in-person sessions (Ellsworth FIA 2nd Thursday of the month 9:30am-11am), Ann Shay to register 207.941.2865; Medicare Fraud education (fraud in general); Medicare savings programs (3 volunteers); caregiver respite — family members/ caregivers to hire supports (in-home, out-of-home) “Respite for Me” - \$2000/year (family or friend, assisted devices); regular Respite - \$5000 (more) professionals only; income guidelines; caregiver educational training & support group “Powerful Tools” (supports & guides caregivers along the way) — train-the-trainer; caregiver support in area & online; money-minders (not Rep Payee) - help organize/prepare payments including auto-payments through banks - hired ADRC in Deer Isle / Stonington (Larissa); Veteran directed care - case management with opportunities for assisted devices, respite, must be connected to VA — EAAA can help veterans become connected to VA — caseload currently 15 s/b 20; food & nutrition - cafes open again \$7-8/suggested donation - see menu — also available through Friends in Action; CSFP commodity food shelf stable with added fresh vegetables; Doorstep dining: no qualifier / pay for it - similar to Meals on Wheels (MOW lower income/homebound), deliver education flyers; Furry Friends Food Bank - monthly supplement pet food & litter (completely on donation); Durgin Center = Wellness & Enrichment (in-person/online) - Arthritis Foundation / Tai Chi / Matter of Balance / Bingocize - evidence-based programs that help with balance / memory; activities in-person/online; formerly “Senior Expo” - Healthy Aging Expo - 5/18 10-2pm, Anah Shriners Building (70 exhibitors)</p>	<p>Rose sent electronic versions of brochures - posted to AFS website.</p> <p>Rose provided follow-up with details on Respite info if you want more info.</p> <p>Powerful Tools - train the trainer - info to follow.</p> <p>Doorstep Dining (no income limit, \$8/meal - more info), min. 5 meals purchased.</p> <p>When you make a donation - specify program you want to benefit (ie: Furry Friends)</p> <p>Kelly Adams, Food & Furry Friends kadams@eaaa.org</p>

<p>Current Discussion & Project Updates:</p>	<p>Thank you to all our volunteers for the April 22 EARTH DAY Schoodic Scenic Byway Cleanup and Cookout - you are the best! We had 53 volunteers on the road, with an additional 18 volunteers working behind the scenes in preparation for the day, and clean-up after the cookout. This was the first year that we had enough volunteers to clean all 22 sections of roadway (11 on each side). We had 5 youth (3 eligible for community service). We had part-year residents join in the clean-up and cookout, along with residents from Franklin and Sorrento. Many finished their route within 1-1/2 to 2 hours!!! Sections #11 East & West had the most trash, as they did not get cleaned last year. Everyone commented on how much cleaner the roadsides were — no plastic shopping bags made an incredible difference. We only found 3 needles in total along the way. Maine DOT traditionally picks-up and disposes of all the trash, as it is a federal highway — hopefully today. All the food and supplies were paid through Age-Friendly Sullivan’s budget, which I budget \$500/year. Additional volunteers provided pasta salad, muffins & fruit breads for the morning, and cookies and bars for dessert.</p> <p>Don Snoke: 5/2 Impala Webinar — sponsored by Maine Philanthropy Center (grant applications); hard to use - don’t have online presence - got to their office in Portland; relationship with for-profit software company; offering free for one year; designed for grantors / grant seekers meet online; review IRS 990 forms online; Impala urging non-profits to upload your 990s to this ecosystem of data; after 1 year - 2 tiers of service; query grantors for types of applications, dates, interest area.</p> <p>From Kit Carson: WindowDressers is taking orders & measuring now through summer; the WD build/community workshop in Ellsworth will be mid-September.</p>	
<p>Financial</p>	<p>Sullivan Town budget meetings posted on website.</p>	

Community Organization Updates:	<p>Frenchman Bay Library - Saturday 2nd Drumming Circle 10-noon; 1st well-received; summer hours T/Th 1-6p; Sat 10-3p; 2pm ; Access to CLOUD library - download electronically;</p> <p>Sorrento-Sullivan Historical Society has sent surveys to both Sullivan and Sorrento residents. Their answers will help us determine residents' interest in our programs. We would appreciate sending back your survey – could drop off at the library or town office. Completed surveys will be gathered, and a winner drawn for a \$50.00 gift card.</p> <p>Sullivan-Sorrento Recreation Center - one community food event by donation/month; work/rehab month - work party scheduled to paint building etc; salvaged SMHS stainless kitchen equipment at last minute; move storage container around back; May project decommission bathroom to janitor's closet; 5/21 work party;</p>	<p>SSHS Survey link https://sullivansorrentohistory.org/survey</p>
Civic Engagement:	(Tentative): SB Candidate forum, 6.21.23 6:30pm Rec Center	
Announcements/ Updates	<p>5/06: 9a-11a Community Garden volunteer work day 5/10: 1-3p Hancock County AF meet-up @ Bucksport Senior Car 5/16: 11:45a Birthday Cards for next month - open to everyone 5/18: 10a-2p: EAAA Healthy Aging Expo, 1404 Broadway, Bar 5/29: 10-11a: Memorial Day observance at Sumner Park</p>	
Next meeting (in-person):	<p>June 7, 2023: Kelly Brown, The Next Step DV No meeting in July August 2, 2023: Maria Staples, Penquis Foster Grandparents September 6, 2023: Debra Chalmers, EAAA MaineCare Advantage Plans October 4, 2023: at Gordon's Wharf, Friends of Taunton Bay</p>	