

Age-Friendly Sullivan Livable Communities, **Minutes** - Wednesday, April 5, 2023, 9a-10a, Sullivan Town Office

	Topic	Discussion	Action
8:30am	Refreshments / Social	Meeting will begin at 9am: Nadine, Ander, John, Cyndi, Don, Candy, Barbara, Christina, Diana, Jeanne,	Regrets:
9am	Presentation	“AARP plaque to the Town of Sullivan, a member in good standing of the AARP Network of Age-Friendly States and Communities, has successfully completed a cycle of improvement and is recognized for its age-friendly leadership, achievements and continuing commitment toward being a livable community for people of all ages 2023”	Present to Sullivan Select Board 4/10/23
	Guest Speakers: John Lindquist, Friends in Action	John Lindquist, Friends in Action, 20 years, Moore Building, Ellsworth; mission/bylaws - support to older residents living in Hancock County, disabled any age, no arbitrary limits to services, 3 FT employees, coordinating volunteers (drivers, friendly phone calls/visits, pick-up/deliver food/Rx). Currently have 116 volunteers - mostly transportation (free/encourage donations); Senior Center (newsletter); 3 classrooms, exercise room, auditorium, meals 2x week (school cafeteria) Tues/Thurs - \$5/ea (call for reservations); coffee hour 9-11 Thurs (free/donations); regular classes; groups use center - writing/book club/genealogy/line dancing; exercise classes every day; neurological (“Rock Steady”); 7 Angels - finds projects for challenged adults (clean exercise room), simple admin chores — collaboration important; grant campaign to recruit for volunteers; split trips; formalize backup volunteer transportation process;	Older adults: \$8/class; \$70/10 class punch card; \$165/3 month (no additional charge for caregiver) Service area: H. City. Fall volunteer recruitment fair? Distributed monthly FIA Connections

<p>Current Discussion & Project Updates:</p>	<p>April 22 EARTH DAY Schoodic Scenic Byway Cleanup and Cookout 8am-8:15: food & registration set-up 8:15-8:45: registration & liability insurance enrollment 8:45: safety training 9-noon: roadside clean-up Need volunteers to serve on road crew, food, preparation of supplies; Stacy: grill master</p> <p>Garden meeting last night — save cardboard (large) Ander: ** Reminder: Broadband survey ** Connectivity Maine - federal grant \$12.6million; infrastructure everywhere; asset survey; complete survey; survey open 4/15th; Hancock County Meet-up with other AF LC on 5/10 1pm-3pm at Bucksport Senior Center AARP Liability Insurance Coverage - have you signed up yet? Andrea: community relationship with students — tired of bad press for Sumner; signage; “We ❤️ Sumner”; other — community-based; Letters to Editor (EA); Contact Andrea with ideas.</p>	<p>Sign-up sheet Sign-up for Earth Day - 207.422.6282 or candyeaton@yahoo.com</p> <p>Bonfire 7pm Andrea</p> <p>Online Survey Link: https://survey123.arcgis.com/share/613d40daec844226a139850afb3ef6ef</p> <p>andrea.stjones@gmail.com</p>
<p>Financial</p>	<p>AARP \$3000 grant submitted for AED, Town Office</p>	
<p>Community Organization Updates:</p>	<p>Frenchman Bay Library - upgrade in internet access (higher speed/ secure & insecure internet; eBook/eCloud - borrow using FBL card) (on fiber-optic network); tele-health centers (privacy); Sullivan-Sorrento Recreation Center - 4/22 Craft Fair; rsand/ resurface stairs; puppy classes (stripped floor & double waxed); container - kitchen fixtures - renovate kitchen; artistic paint container ship; recruiting vendors for capital improvements Sorrento-Sullivan Historical Society - completed History Hour; survey to help understand what folks want/need; mailings; open Summer hours; which afternoons? Open all the time by appt.; history of every property; Sorrento is working to do same thing; files are all set up;</p>	

	Legislation / Civic Engagement	Selectman/Assessor/Overseer of the Poor (1 year term) Selectman/Assessor/Overseer of the Poor (3 year term) Deadline for filing nomination papers with the Town Clerk is Thursday, April 27, 2023, by 5:00pm. See Yvette Grindle FMI.	
	Announcements/Updates	4/13 Elizabeth Gattine, Coordinator, Governor's Cabinet on Aging - learn about AFS 4/18: 11:45a Birthday Cards for next month - open to everyone	
	Next meeting (in-person):	May 3, 2023: Rose Honders, EAAA Community Services Director September 6, 2023: Debra Chalmers, EAAA MaineCare Advantage Plans	June meeting guest? Kelly Brown, The Next Step