

Age-Friendly Sullivan MINUTES, Wednesday, June 5, 2019, Sullivan Town Office

Topic	Discussion	Action
Introductions/sign-in	Review agenda / additions / changes; Regrets: Jeanne, Nadine New attendees: Terry Cusick, tcusick52@gmail.com Beverley Wadsworth, bevwadsworth@gmail.com	
Announcements/Updates	6/23 Art Show at the Rec Center — Nadine Murphy 1-6pm with art for sale	
AARP/Age-Friendly Maine	6/19-6/20 National Rural Workshop, Portland — Candy to present on transportation collaboration with Friends in Action	
Previous Discussion	Administration & Infrastructure - see below	
Funding & Finance:	Maine Community Foundation — \$7200 (\$3200 Hancock Community Fund and \$4000 from private donor)	

<p>Legislation / Civic Engagement</p>	<p>Don Snoke - updates Legislature ends June; frenzy finish budget & bills; passage of act - through committee, recommended to legislative body, passed by body, goes to conference committee work out differences; goes to appropriations/budget; revisit each bill with \$ (enactment); <i>Passed & signed by Governor:</i> LD301 Age-Friendly - encourage municipalities to change comprehensive planning roles to include AF qualities LD566 Direct DHHS change reporting requirements for case workers who suspect elder abuse LD970 Encourage municipalities / politics promote accessory dwelling units (mother-in-law) <i>Passed & waiting for Governor signature:</i> LD1131 Directive DHHS raise income limits for (seniors / disabled) tax credits for renovations to stay in home <i>Awaiting appropriations approval prior to legislative action:</i> D38 requires private insurance cover hearing aids over 60 LD84 DHHS provides reimbursement to spouse to provide senior in-home care from MaineCare LD214 Increases funding for Legal Services for Elderly LD315 Increases # of positions in DHHS for aging / disability services LD316 Raises deception/theft from seniors (over age 66) level of crime to Class B LD 325 Emergency funding adult protective services / clients LD472 Increase meals to homebound individuals LD474 Directs DHHS to request waiver SNAP eligibility over 60 LD726 Approve sales tax exemption to regional Agencies on Aging LD786 \$\$ support food pantries with Maine produce LD1548 Study re: DHHS oversight of memory care facilities <i>Will learn at end of month status of these bills</i></p>	
<p>Current Discussion & Project Updates:</p>	<p>Friendly Caller Program (Andrea/Bonnie) Updates</p>	<p>committee meeting; TBD</p>
	<p>Housing (Jeanne): “Homefit” booklet / ?? workshop Discussion about “Window Dressers” www.windowdressers.org insulating window inserts</p>	

	<p>Transportation (Christina) - updates FIA Statistics: For the past year (April 2018 - April 2019) FIA have assisted 4 Sullivan residents, with 64 rides, 1,693 miles. FIA have 4 volunteers from Sullivan, who have provided 51 rides or 928 miles.</p>	<p>Training for Volunteer Drivers at FBLibrary Thursdays 6/27, 7/25, 8/29 & 9/26</p>
	<p>Outdoor Spaces: Sullivan Community Garden (Durin) Raised beds only - water level has receded — 15 beds / donations / seal cove farm; Kevin Barbee donations; order the lumber for beds 4 x 12 beds; sand on bottom; fence area;</p>	<p>June 26th afterwork Community build raised beds followed by cookout</p>
	<p>Health Services: U Maine RSVP Bone Builders program; MOU signed; Christina has volunteered to be trained — need additional volunteers.</p>	
	<p>Social Participation / Community Room @ Rec Center (Myra) no update</p>	<p>6/22 FBL Book/Bake & Yard Sale fundraiser 6/22 KidsQuest</p>
Future Project Activities:	<p>2nd Annual Health & Wellness Resource Fair — confirm 10/10 MCF funding; Star 97.7? Bone Builders — need volunteer trainers; Christina McGowan (Y) and Andrea St. George Jones (?) Safe Link — site; not friendly; use www.safelinkwireless.com</p>	<p>Bone builders demonstration at Fair Cindy Sargent - Safe Link site training</p>

Guest Speaker:

Doug Kimmel, Hancock speaking about SAGE — Advocacy & Services for LGBT Elders — what they do, rights & resources, & how to get involved. Sage Maine moved to Portland
Doug - City College, NYC faculty
National Org founded 1978; couple housing projects; SAGE center; Sage NET - 30 states; all linked — monthly call (conference)
Open House SF; housing project
Lots of publications available on the website
SAGE Maine couple of research projects - Maine's Health Symposium "Building Strong, Healthy Community Together" 4.27.19
Togus / VA supportive of issues
Stonewall — very popular NYC gay bar in 60s
June 1969, police raided facility - patrons fought back, concurrent with memorial service for Judy Garland, "friend of Dorothy"; in WW2; same time of civil unrest, women's movement, moon landing; change from individual pathology to being a group identity - paradigm shift; no longer individual condition, organized 1st gay pride march/parade 1969; "may be fine when younger, not okay when you are older"; study 1975ish of gay men aging; / developing program for older gay folks (nursing home); decided to create organization — SAGE; Senior Action in Gay Environment (Incorporated); Lamda Legal; small grant from progressive NYC \$\$, NYT wouldn't publish articles; publicity on Donahue show; "oldest gay couple in America"; committed to gender parity; 1973, no longer mental illness; Evelin Hooker - research project; Am Psychological Institute; Illinois removed criminality from state legislation, 1993 Supreme Court;
Greater need - awareness & sensitivity; Risks? SAGE Maine does training, National has certification program; individuals are still afraid to disclose "you can't tell by looking"; practitioner to be gay intake form - M/F option; preferred name; transition person, "is there something else we should know"; home health aide — "who are the important people in your life" opens conversation; higher risks for certain conditions;
fear

www.lgbtagingcenter.org
sageusa.org
facebook.com/sageusa
twitter.com/sageusa
youtube.com/sageusa

	<p>how will things go if need assisted living, home health? “de-Gay” house; John Hennessey working with AARP Maine - be available as a resource, supportive - health issues; challenge isolation if not in committed relationship lifetime of fear, hiding, kicked out of military (dishonorable); all are disadvantaged by not working typical jobs (reduced income opportunity); 2 women reduced income; increased health disparity - smoking, alcohol addictions average income significant lower, especially transgender population; sexual orientation - in your heart; gender ID - in your brain; cis gender (cis=consistent) gender identity; VA transgender - disproportional number in military; find ways to cover up feelings - super masculine opposite; volunteer most dangerous missions, transgender - various degrees of transition (operation); some operation completed; breasts removed; some male surgery; costs are extraordinary; prison life dreadful; gay kids are still homeless; Some private insurance (MaineCare may cover) will cover medications, hormones; Legal marriage has helped medical info; family may still reject transgender;</p> <p>How to be more welcoming: Display Rainbow symbol - PRIDE events, book reading June - potluck, library programs; supportive of each other as issues emerge SAGE @ resource fair;</p>	<p>“Inclusive Services for LGBT Older Adults - a practical guide to creating welcoming agencies”</p> <p>All public accommodations cannot discriminate against gender identity</p> <p>Bangor support group - 1st Saturday month at Sea Dog</p> <p>Health Equity Alliance/ Bangor support groups</p> <p>Meet & Greet - Damariscotta</p> <p>lot of online resources</p>
<p>Next meeting:</p>	<p>July 3rd, 2019 — NO MEETING August 7, 2019, 10am-noon Regular AFS meeting; followed by potluck - guest speaker:</p>	