

Age-Friendly Sullivan AGENDA, Wednesday, November 7, 2018, 10am-noon + potluck lunch  
Sullivan Town Office

Topic	Discussion	Action
Introductions/sign-in	Review agenda / additions / changes	
Announcements/Updates	11.11.18 Veteran's Day Breakfast — volunteers? 12.02.18 Xmas Tree Lighting & Rec Center - volunteers? 4pm/5pm tree lighting — move to Rec Center Candy to attend AARP Livability Conference	Cookies: Myra, Jeanne, Christina, Candy
Previous Discussion	Resource Guide — sent to printer; Christopher Mace photo Book #5 Health Services & Community Support workbook - distributed at meeting	
Current Discussion & Project Updates:	Friendly Caller Program (Andrea Launch earlier than 12/1st — looking to begin with people that we know as callers, see how it evolves; work through the callers — work like a calling tree. Jeannie will provide training — boundaries, challenges. How to have the initial conversation	Training date: 11/28th training Vanessa
	Community Garden (Durin)	
	Community Room @ Recreation Center AARP Challenge Grant Matching Fund (Myra) — painted, furniture moved, flooring to begin tomorrow, kudos to painters (primed & painted) Cyndi, Anne, Myra, Christina, lighting/flooring/small refrigerator, need GFI circuits;	Jack to move green table; Open House at conclusion; Library Bake & Book Sale - 11/17 10-2pm
	Transportation (Christine)	
	Housing (Jeanne) Smoke / CO2 detectors — by age; prioritize who burn wood; develop policy — priorities; Don Snoko will be backup installer. Develop waiting list — ; earmark funds at Sullivan Daze for \$\$ for future.	Town Crier info to Andy during lunch.

<p>Guest Speakers: CHCS</p>	<p><u>Community Health &amp; Counseling</u>  Christii Maquillan, RN, BSN, Associate Director Hospice Development  Patricia Eye, RN &amp; Founder New Hope Hospice</p> <p>Operated New Hope Hospice on shoe-string budget; serve folks who were forgotten, not a lot of resources, merged CHCS/New Hope Hospice — most hospice agencies have Home health component attached. CHCS has lot of services — mental &amp; primary health, PT/OT services, hospice services. Ask ourselves - how we die? Why we don't we plan end of life beyond Advance Directives. Meeting person where they are — discussion about what is a good death. Don't be afraid to change your advance directives. Interview various hospice agencies. Medicare has a hospice benefit — most don't charge anything.</p> <p>Grassroots beginning in 1970s; tired of folks dying alone; 1983 Medicare adopted standards of care and included payment; still do not have an inpatient facility in Bangor; New Hope had a comfort fund for non-medical expenses (heat, travel). "Comfort &amp; Choice" Team approach — CNA help with bathing; nurse, SW (counseling, funeral planning), spiritual advisors (listener); volunteers, massage therapists, emotional vs. physical pain,  Q&amp;A  CHCS - "WE HONOR VETS"; 4 Hospice programs (Machias, Bangor, Lincoln, Dover-Foxcroft;) Interview each hospice / ask questions</p>	
<p>Additional Announcements</p>	<p>FBL: 11/12 Hospice program "Being Mortal" with panel discussion 6-8pm with refreshments</p>	
<p>Next meeting:</p>	<p><b>December 5th, 2018, 10am-noon Regular AFS meeting; followed by potluck - guest speaker: Kara Janes, LMSW "At Home" DCP</b></p>	