

Age-Friendly Sullivan Minutes, Wednesday, January 2, 2019, Sullivan Town Office

Topic	Discussion	Action
Introductions/sign-in	Review agenda / additions / changes	
Announcements/Updates	New Fellow program with AARP/UMO/MCF	
Previous Discussion	Resource Guide — reviewed, updates sent to AARP / final printing Distribute Calendars	
Current Discussion & Project Updates:	<p>Friendly Caller Program (Jeanne/Bonnie) Training / start-up / Updates create business card handouts, other venues, poster with pullout / or pocket with business cards — VISTAPrint;</p> <p>Myrna Coffin, Hancock, re: outreach; affiliated with Town Office — discussions re: confidentiality; bridging stoic New England assistance,</p>	<p>1/12 @ FBL/Community Room 1-2pm committee meeting - invite Hancock for conversation</p>

	<p>Community Garden (Durin) - Got the soil test back, finally. Not any surprises really, just poor soil in need of help...Am going to go over the results with Sam Klein this weekend. We met earlier this week and I think his approach will work fine-finding local, free or reduced-cost amendments and proceeding organically. Liming will be taken care of in the spring, before tilling. 50x100 area. Plumber has taken a peek at building, installing outdoor spigot.</p> <p>Sam and Ron are fine farmers. It would be foolish to adopt one "way" of doing things completely, as they both have good advice to offer and resources.</p> <p>I also talked with Susan, head of the Pathways program at the high school; we will be meeting after the vacation to discuss ways for students to be involved. ? Construct raised beds, funding source?</p> <p>Submitted the master gardener (assistance) application in (12/28)</p> <p>Possible signage: Community garden sponsored by: Compost from Andrea, seaweed, other sources, Seal Cove; Demonstration plots/ techniques; have compost bin nearby; availability for seed exchange/ seed bank — Ron Simons offered to pot seeds for us;</p> <p>Stone Soup Supper fund-raiser / coordinate with kids story; bread</p>	<p>Monthly meeting for volunteers — layout, tasks, interest in private plots</p> <p>Sign-up for 10x10 plots @ \$20</p> <p>Free seeds from America the Beautiful — Trudy will check into available.</p> <p>Rules for participation;</p> <p>1/16/19: 6-8 Committee meet at FBL</p> <p>Durin / Cindy posters</p>
	<p>Community Room @ Recreation Center AARP Challenge Grant Matching Fund (Cyndi) — spent \$\$; upper / lower cabinets/countertop; quarter round; track lighting/ refrigerator - delivered 1/14/19 — Community Room calendar is controlled by SSRC; Nadine can help with funding electrical work;</p>	<p>Need cabinets / countertop installed; refrigerator ready; Need electrician Geraldine & Durin may help with cabinets</p>

Guest Speakers:

Kim Ford, DHHS Adult Protective Services
Developmental Services 18+; Adult / Elderly 18+ ;
APS — intake — if you believe suspect, abuse / neglect / exploitation;
(referral) — if you are concerned, call. Referrals go to region. Urge
the person who identifies risk to make call. Other resources or
assigned to case worker. Who has capacity. Exploitation (FAST) out
of Augusta / discussion with APS;
1st APS visit unannounced; 7 days to assign; priority is within 24
hours;
Guardianship studies; Request; up to 2 weeks to review
Concern re: animals on site;
APS cannot take someone out of house unless guardianship;
discussion re: hoarding; as long as they have capacity / can choose to
live in any condition they want to live in.
Need permission to call physician;
Police can take an individual into protective custody & take them to
ER. Many ER Departments will not assess capacity — they can only
release when safe to do so. Caseworkers should not transport to
physician; if using State car (some may choose). Otherwise, you must
get an insurance rider. APS will help with placement, connect to
resources.
Memory challenges does not mean lacks capacity. They must be able
to make informed consent. Understand Consequences.
Guardianship through Probate Court — taking away rights of making
decision away from person; State is last resort of guardianship; due
diligent searches for family members; 7/1/19 — rules changing, making
it more difficult for State guardianship
Capacity assessment - MD, psychiatrist, psychologist (FNP cannot
sign/evaluate); consistency of values; people love pets (cannot take
with them to facility)
Catholic Charities - 2-2-1/2 hrs Case Mgrs.
Community Navigators — hire RN/SW case managers; Boothbay
Harbor
Encourage advanced medical directives, POA — go through attorney
to ensure proper care; if senior has these, would not require
guardianship

Future Project Activities:	Sat 1/12/19: 1pm Friendly Caller Committee @ FBL Weds 1/16/19: 6-8pm Community Garden Committee @ FBL Sun 1/27/19: FBL Souper Chili Fundraiser — Rec Center Thu 3/14/19: Pi Day @ Town Office Sat 3/16/19: FBL Cabin Fever Book & Bake Sale (Shredding?) Sat 4/20/19: Roadside Clean-up/cookout (Earth Day 4/22)	
Next meeting:	February 6, 2019, 10am-noon Regular AFS meeting; followed by potluck - guest speaker:	