

AARP Maine Donates Books to Frenchman Bay Library

In Spring 2018, AARP Maine provided Age-Friendly Sullivan with a selection of books on the topic of Caregiving to enhance the reference section at Frenchman Bay Library. Last week, they provided the Library with a selection on Aging and Financial Security. These titles are:

- Downsizing the Family Home - what to save, what to let go, by Marni Jameson
- New Aging - live smarter, how to live better forever, by Matthias Hollwick
- Retirement Survival Guide, The - how to make smart financial decisions in good times and bad, by Julia Jason
- Social Security for Dummies, by Jonathan Peterson
- The Other Talk - a guide to talking with your adult children about the rest of your life, by Timothy Prosch
- The Single Woman's Guide to Retirement, by Jan Cullinane
- This Chair Rocks - a manifesto against ageism, by Ashton Appleton

Age-Friendly Sullivan is grateful for the partnership with AARP Maine to enhance the lives of all citizens in the area, regardless of age. These books are available at the Frenchman Bay Library, 1776 US Highway One, Sullivan, ME 04664. FMI: 207.422.2307.