

Age-Friendly Sullivan AGENDA, Wednesday, September 5, 2018, 10am-noon + potluck lunch
Sullivan Town Office

Topic	Discussion	Action
Introductions/sign-in	Review agenda / additions / changes	
Previous Discussion	Don Snoke: US Census Data estimates between decades 1251/1253 vs. AARP # — methodological data error, misreports data for communities less than 50K population; should not have given any data for communities less than 10K population.	
Current Discussion & Project Updates:	<p>9/19/18 10am-3pm Health & Wellness Resource Expo at Sullivan Recreation Center (Candy) 23-24 vendors signed up; describe services Anne Chappe has agreed to host AFS table PR sent; 5 minute interview on WABI 9/13 @ 6:40am</p> <p>set up tables & chairs on Tuesday, plug in pepsi cooler I will pick up food @ 7am; Open Rec Center @ 8am for set-up; coffee & snacks ? Balloons ? Light music? extra chairs Capture info — what town? age? door prize? sign-up for friendly caller program / driver training transportation</p>	<p>Distribute post cards to businesses, churches, other groups</p> <p>Set-up — confirm bathrooms are clean/ supplies Hostess - coffee / snacks Help carry in materials Lunch set-up/break down Help closing down facility</p>
	Friendly Caller Program (Andrea) — Wellness Calling network — once / week, everything okay, what is coming up, reminds them about resources and activities, isolation creeps in, working on social isolation, keep tabs on people who might need help; similar to buddy program, lives close to you if quick emergency; start as institutional thing, becomes human thing — enrollment form for Sullivan residents only.	
	Community Garden (Durin) — Durin sends regrets (working on Schoodic Bog Trail) submitted soil samples for area out back; Mari Kobus sends regrets (guests); wants to remain on the email list serve & will be active when she returns in the Spring.	

	<p>Community Room @ Recreation Center AARP Challenge Grant Matching Fund (Myra) Beth Fuller - glass hummingbird \$500; pies & games - timing & publicity improve, do as social event separate from Sullivan Daze; game donated by TFC, \$400; potluck in early November; furniture donations from Adult Ed; round tables; more than 50% toward Challenge Grant; electrician coming for estimate; cleaning estimate (thorough cleaning)</p> <p>Cyndi / Myra — looking to have movies throughout winter;</p>	November 3rd; potluck & takeout box, by donation
	<p>Resource Guide (Cyndi/Candy) — DRAFT submitted, checked all phone #s & web addresses; revised format - finish next week & resubmit.</p>	
	<p>Transportation / Commodity Food</p>	Christina will help on 9/10
Future Project Discussion	<p>Veteran's Day Celebration — 100th anniversary of Armistice Day; evensong; CG honor guard; Bangor National Guard unit; Vet Club in Franklin;</p> <p>Capturing Veteran stories (Nadine); Andy package of info for capturing stories for Library of Congress; Myra will ask son, Matt, in charge of library at Jefferson Memorial;</p>	<p>Committee: Myra (out of town 11/11), Judi, Andy,</p> <p>Phyllis Harmon; David Burks (retired but a good resource & is a vet); Kathy Sobel</p>
Engaging Volunteers	<p>Trudy - what kind of info to give out, how to get the right person, profile - interest, backgrounds, need for specific skill-set, task & skill set, what is in it for them, volunteer training & appreciation (t-shirts), location, how long it will take, real specific — better luck.</p>	
Upcoming guest speakers	<p>Senior college, RSU24, program — group cook/take home, community cooking; discussion of Stone Soup;</p>	Myra will organize Stone Soup - start after new year
	<p>Potluck followed by 1pm Hancock/Penobscot Regional Network</p>	
Next meeting:	<p>October 3, 2018, 10am-noon Regular AFS meeting; followed by potluck;</p>	