

Additions to Frenchman's Bay Library, Courtesy of AARP Maine

36 Hour Day, The - a Family Guide to Caring for People Who Have Alzheimer's Disease, Related Dementias and Memory Loss, by Nancy L. Mace, MA and Peter V. Rabins, MD, MPH

Being Mortal, by Atul Gawunde (NYT bestseller)

Can't We Talk About Something More Pleasant? by Roz Chast, a memoir (NYT bestseller)

Inside the Dementia Epidemic, by Martha Stettinius

Learning to Speak Alzheimer's - a Groundbreaking Approach for Everyone Dealing with the Disease, by Joanne Koenig Coste

Passages in Caregiving - Turning Chaos into Confidence by Gail Sheehy

Sandwich Generation's Guide to Eldercare, The - concrete advice to simultaneously care for your kids and your parents, by Kimberly McCrone Wichert, MRC, CRC; Danielle Schultz Dresden, Med, CRC; and Phillip D. Rumrill Jr., PhD, CRC

Still Alice, by Lisa Genova (NYT bestseller)

Taking Care of Aging Family Members, A Practical Guide by Wendy Lustbader & Nancy R. Hooyman

*Titles in the AARP Real Possibilities series*

- Checklist for Family Caregivers, A Guide to Making it Manageable, by Sally Balch Hurme
- Checklist for Family Survivors, A guide to Practical and Legal Matters When Someone You Love Dies, by Sally Balch Hurme
- Juggling Life, Work, and Caregiving, by Amy Goyer
- Medicare for Dummies, by Patricia Barry
- Pet Speak, by the Editors of Pets
- Planning for Long-Term Care for Dummies, by Carol Levine