



Maine Network of Age-Friendly Communities

Member Benefits

AARP and AARP Maine offer ongoing support for the work you are doing, including:

Technical Assistance and Guidance

- ❖ **Livable Communities Newsletter:** <https://aarp.org/livable-communities/livable-community-news-alerts/>
- ❖ **Livable Communities Facebook Workgroup:** <https://www.facebook.com/groups/AARPLivableWorkGroup/> The closed Facebook group for AARP staff, volunteers, and communities that are working with AARP on livability issues and/or are part of the AARP Network of Age-Friendly Communities. It is a great place to get ideas!
- ❖ **Maine Guide to Building Age-Friendly Communities:** <https://tinyurl.com/AARPMaineAge-FriendlyGuide>
- ❖ **Technical Assistance by AARP Maine staff** to move your work from Assessment to Planning and Implementation
- ❖ **Ask Age-Friendly Tech Talks.** Peer learning to help your initiative achieve specific goals – such as starting a home repair service, creating a property tax abatement program, or finding ways to help caregivers.
- ❖ **AARP Maine Age-Friendly Newsletter:** <https://tinyurl.com/MaineAge-FriendlyNews>. Learn what other communities are doing and get tips & ideas for your initiative. Communities get the best ideas from each other so please send us your news and events so that other communities will be inspired.
- ❖ **Age-Friendly Maine Facebook Page:** <https://www.facebook.com/AgeFriendlyMaine/>.
 - Send us your age-friendly news and events to share and promote.
 - Stay up-to-date with age-friendly work in Maine communities and across the US.

Networking Opportunities

- ❖ **Annual Age-Friendly Communities Statewide Meeting**
- ❖ **Regional Meetings**
- ❖ **AARP Sponsored events** – All are welcome! To learn more: <https://www.facebook.com/AARPMaine/>

Funding the Age-Friendly Work

- ❖ **AARP: Challenge grant** competition to fund “quick actions” that will help you move the age-friendly work forward.
- ❖ **Assistance finding grants** for ideas that will increase the livability of your community.

Creating a Resource Guide

- ❖ **Professionally-designed template** that lists state-wide resources and includes plenty of space for your committee to add local and regional programs and services. FMI: Contact Andrea Cooper
- ❖ AARP provides an electronic version and 100 printed copies.

Engaging Your Community

- ❖ **Annual book donation to your local library** on an aging topic, i.e. Caregiving and Financial Security
- ❖ **AARP-Sponsored local events:** Community Shred Day, Coffees, and On-Taps
- ❖ **Free Promotional items featuring your Age-Friendly Team:**
 - Stickers with your age-friendly logo.
 - Tablecloth with the AARP Maine logo and your city or town initiative name for events.
- ❖ **Emails and postcards to AARP Members** in your community.
- ❖ **Find volunteers** and explore ideas for community projects at **Create the Good** (<http://www.createthegood.org/>)

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