Maine Network of Age-Friendly Communities
Member Benefits

AARP and AARP Maine offer ongoing support for the work you are doing, including:

Technical Assistance and Guidance
- Livable Communities Newsletter: https://aarp.org/livable-communities/livable-community-news-alerts/
- Livable Communities Facebook Workgroup: https://www.facebook.com/groups/AARPLivableWorkGroup/ The closed Facebook group for AARP staff, volunteers, and communities that are working with AARP on livability issues and/or are part of the AARP Network of Age-Friendly Communities. It is a great place to get ideas!
- Maine Guide to Building Age-Friendly Communities: https://tinyurl.com/AARPMaineAge-FriendlyGuide
- Technical Assistance by AARP Maine staff to move your work from Assessment to Planning and Implementation
- Ask Age-Friendly Tech Talks. Peer learning to help your initiative achieve specific goals – such as starting a home repair service, creating a property tax abatement program, or finding ways to help caregivers.
- AARP Maine Age-Friendly Newsletter: https://tinyurl.com/MaineAge-FriendlyNews. Learn what other communities are doing and get tips & ideas for your initiative. Communities get the best ideas from each other so please send us your news and events so that other communities will be inspired.
- Age-Friendly Maine Facebook Page: https://www.facebook.com/AgeFriendlyMaine/.
  - Send us your age-friendly news and events to share and promote.
  - Stay up-to-date with age-friendly work in Maine communities and across the US.

Networking Opportunities
- Annual Age-Friendly Communities Statewide Meeting
- Regional Meetings
- AARP Sponsored events – All are welcome! To learn more: https://www.facebook.com/AARPMaine/

Funding the Age-Friendly Work
- AARP: Challenge grant competition to fund “quick actions” that will help you move the age-friendly work forward.
- Assistance finding grants for ideas that will increase the livability of your community.

Creating a Resource Guide
- Professionally-designed template that lists state-wide resources and includes plenty of space for your committee to add local and regional programs and services. FMI: Contact Andrea Cooper
- AARP provides an electronic version and 100 printed copies.

Engaging Your Community
- Annual book donation to your local library on an aging topic, i.e. Caregiving and Financial Security
- AARP-Sponsored local events: Community Shred Day, Coffees, and On-Taps
- Free Promotional items featuring your Age-Friendly Team:
  - Stickers with your age-friendly logo.
  - Tablecloth with the AARP Maine logo and your city or town initiative name for events.
- Emails and postcards to AARP Members in your community.
- Find volunteers and explore ideas for community projects at Create the Good (http://www.createthegood.org/)

Contact AARP Maine: 1-207-776-6312 or
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