

Age-Friendly Sullivan Minutes, Wednesday, February 5, 2020, 10am-noon - Sullivan Town Office

	Topic	Discussion	Action
10am	sign-in	Introductions Review agenda / additions / changes	
	AARP/Age-Friendly Maine	Sullivan Action Plan (on www.sullivanmaine.org website	
	Funding & Finance:	1/15 MCF \$1500 grant SUBMITTED Circle of Friends	see handout
	Legislation / Civic Engagement	Don Snoke - updates 2nd session legislature full gear, lot of bills approved, yet carried forward for funding; 10% carried items dealt with - others died on the vine; State Aging coalition; DHHS aid housing transition to long term care; expand transportation; health & wellness for older residents improve economic security for older residents; bill to establish low income tax credit supplemental \$126million budget (1.5%); reconsider bond issues high speed internet and transportation approval; \$37 million authorization supplement K-12 education (1 time authorization); 52% of local spending \$20m rainy day fund; \$10m roads & bridges Medicaid, hiring more State Police & aid to jails	
	Current Discussion & Project Updates:	Circle of Friends/Friendly Caller Program (Andrea/Bonnie) Updates - review of Neighbor 2 Neighbor calling program; remarkably unwanted; Circle of Friends - making contact with people, drop pebble in pond start circle; monthly birthday party; write birthday cards; age-inclusive; on Sunday 2/8 - attend Ashville Church to talk about transportation volunteer drivers; keep N2N also; looking to recruit move volunteers to be trained;	

	<p>Window Dressers - outreach / signups from Kit Lane</p> <p>Our head office is asking that any local groups who want to schedule their workshops before mid-October, should gather a list of at least 40 households interested in getting inserts, before March 1! (Just have the names; but complete the measuring before May...). This is a new twist; related to the fact that the central workshop is moving this summer to a new, larger & better facility in Rockland during the summer, so that will impact the timing of the support they offer to the local workshops. SO, any possible interest that you can drum up at the meeting on Wednesday would be of great interest & importance for our workshop this year. I would still like to hold the Ellsworth workshop in mid-September, like last year. (Another possible complicating wrinkle is that our church is planning to replace the roof on the church itself, this fall, and during the roof work we'll be holding worship services in the parish hall, where we held the workshop.... 😊). So, a little uncertainty on that score as well.</p>	
	<p>Maine 200 - Jeanne</p> <p>Statehood Bicentennial, March 15th; committee - join; meeting 2-3 weeks; 3/15 official flag presentation to town / raise of flag pole; noon time meal of authentic foods; final vote for separation; menu designed/ research by Merry Post; Historic Houses identified 1700-1840; help with history of house;</p> <p>7/15 folk singers at Rec Center; folk songs from Maine, period going back in time (fiddle, guitar</p> <p>August - Alan Gray, Hancock, researching shipping & shipbuilding;</p>	<p>signups for 3/15 event</p>
	<p>Resource Guides - reprinted with housing update inserts</p>	
Announcements/Updates	<p>2.14.20: 5pm Love & Lasagna @ Rec Center</p> <p>2.15.20: all day Winterfest @ Flanders Pond</p> <p>2.29.20: 4:30 Spaghetti Supper @ SMHS</p> <p>3.15.20: Sullivan Maine 200 Luncheon @ Rec Center</p> <p>3.19.20: FREE tax prep @ Library</p> <p>4.18.20: Earth Day roadside cleanup and cookout</p>	

<p>11:00</p>	<p>Guest Speaker: Theresa Hodgdon & Allie Nolan, Ellsworth / MDI Housing Authority</p>	<p>Offer Meals on Wheels - 3x /week Comfortably home program - age 55+ homes; 1x safety upgrade (smoke detectors, railings, grab bars, minor plumbing electrical) own home, less than \$40K income; expand off MDI eventually graceful aging series; taichi, yoga, music therapist - intergenerational music class; Theresa: Housing intake; eligibility - income; voucher preferences - disabled, families, veterans, locals Section 8 program optimal - apply for Section 8 housing voucher; determined eligibility, placed on waiting list 4-8 month wait (one of the shortest wait times statewide); reasonableness study; 30-40% renter pays; landlord receives 60-70%; voucher goes to person, person finds housing, inspection, request for tenancy; centralized wait list for State of Maine — can do application online or any housing authority; private landlord - rent must be reasonable; payment standards; household eligibility; HUD sets reasonable standard; Oriole Way, Ellsworth; 0BR \$726; 1BR \$759; 2BR 894 - rent guidelines include utils serve 800 individuals / families for housing; WL for every property; 6 months to several years project based vouchers - Church Street 6 units Section 8 stigma; 9/10 great people — win/win situation for everyone; never paying more than 40% toward rent mobile homes / older buildings - lead paint - must pass inspections (pre-1978); all programs have annual inspection; criminal background checks for all applicants; landlord should also do background checks; vetting process important public housing program: they are the landlord i.e.: Union River Estates; 30/70%; 70% public housing = older adults Home Sharing —</p>	<p>Suggested future program? Lead paint remediation</p>
<p></p>	<p>Next meeting</p>	<p>March 4, 2020: Guest Speaker: Val Lovelace speaking on the “Death with Dignity Act”</p>	<p></p>