

Age-Friendly Sullivan MINUTES, Wednesday, March 7, 2018, 10am-noon + potluck lunch  
Sullivan Town Office

Topic	Discussion	Action to be Taken
Introductions/sign-in	Review agenda / additions / changes Welcome: Ben Gilley, Fire Chief, & Jean O'Connor, new attendees	
Announcements/Updates	Additional copies of Maine Guide at Library & Town Office Distribution of AARP Roadmap to Livability & Housing Guides Communication & Information: Cyndi Stanley & Gail Brown, Resource Guide — started resource guide; AARP will print 100 copies & provide PDF for our website, also will update annually Social Participation: Myra Hornberger — see Frenchman's Bay Library events Respect & Social Inclusion: Andrea St. George Jones (regrets) Community Support & Health Services: Durin Chappe — will switch to chair the Outdoor Spaces & Buildings Domain committee Housing: Jeanne Edwards	
Guest Speaker / presentation Transportation, Christina McGowan	Christina McGowan (regrets— transporting client) Jo Cooper, Executive Director, Friends in Action (FIA) provided copies of the March newsletter and a flyer describing programs and services provided by FIA. Transportation services require advance notice, pre-acceptance as client, then depends on volunteer availability. Online scheduling available. Volunteers use own vehicles and donate time & mileage. FIA has a mini-van and a wheelchair van, which are driven by volunteers. FIA also provides food support, pharmacy pickup/delivery, in-home support (simple repairs), telephone reassurance, friendly visits & exterior chores. No fee, yet donations are accepted for all services. Jo described the Senior Center in Ellsworth programs — no charge for membership, yet program fees for meals, fitness programs & some classes account for 75% of revenues associated with Senior Center. Jo discussed upcoming Senior Playground, fans in summer, and community gardens. 4/17 Ellsworth program - "Remembering When" about fire, fall, fraud prevention at the Moore Community Center. Same training as at networking meeting on 4/5 (see below for registration info).	Sullivan will recruit volunteer drivers, and when we have several, we will ask Jo to provide a training specific to Sullivan.  Contact Christina McGowan at the Library if you wish to volunteer to be a driver.  All are invited to the next ELLSWORTH Age-Friendly meeting, Friday, 3/9 at 1:30pm, Senior Center to learn what our neighbors are doing.

Project Management (looking for volunteers)	Steering Committee -Chair/Co-chairs Outdoor spaces & buildings - Durin Chappe Civic Participation & Employment Events: Community Visioning event — <b>SET DATE (not discussed)</b>	Need Chair for Community Support & Health Services & Civic Participation
Survey Review & Distribution	Survey tool: — the following changes were discussed: # pages, Change age categories to <50, 50-64, 65-80, 80+; eliminate living independently from “are you disabled?”; Add “Do you use a computer?” to internet question; Activities time-frame — move closer to activities questions; Add single-day event options to volunteer opportunities; describe Health & Wellness Fair; add “move to Apartment” when you get older. Add to letter “call Cyndi at Library — she will help over the phone”	Durin & Candy to meet 10am at Town Office on Wednesday, March 14th to finalize survey.  Candy to submit grant to AARP for survey/focus groups & community vision
Age-Friendly Regional Meeting:	Thursday, April 5, 2018, 9am-2pm - Brewer Pre-register online: <a href="https://www.surveymonkey.com/r/2018RegionalMeeting">https://www.surveymonkey.com/r/2018RegionalMeeting</a> Link & Poster online <a href="http://www.sullivanmaine.org">www.sullivanmaine.org</a> - age-friendly page	Carpooling is desired.
Potluck Lunch: Rob Eaton	Town Manager, Rob Eaton, provided updates on several recent meetings & linkages: Mike Eastman, RSU24 Superintendent, is supportive of our Age-Friendly initiative Ty Thurlow, SMHS Principal, &, specifically community gardens on the SMHS campus; along with our sand & bucket brigade. Gabe O’Brien, Downeast Opportunities for Change, a program of Healthy Acadia, is providing community forums, multi-generational sports activities, collaborating to provide students with training for VLMP invasive plant patrol at Flanders Pond; willing to a partner. Karen Dove, providing senior fitness programs in Town Hall	
Next meeting:	April 4, 2018, 10am-noon + potluck lunch Sullivan Town Office	Candy to recruit guest speaker.